

STEBEN COUNTY COMMUNITY SERVICES BOARD

Alcoholism & Substance Abuse Subcommittee

Wednesday, May 17, 2023

1 p.m.

Second Floor, Annex Building, Conference Room A

20 East Morris Street

Bath, New York

****MINUTES****

PRESENT: Lynn Lewis, Acting Director of Community Services

Darlene Smith, Steuben County Public Health Nursing

Dr. Cole, CSB and Substance Abuse committee member

Colleen Banik, Steuben Prevention Coalition

Bianca Crandle (phone), Family Services

Tatiana Zentz, CASA Trinity

Connie Terry, Steuben Prevention Coalition

Stacey Wing, Bath Area Hope for Youth

Brittany Jimenez,

Cynthia Gee (phone), Family Services

OTHERS:

Kim Jessup, SCASAS Coordinator

Auralee Jefferds, Adult Clinic Coordinator

I **CALL TO ORDER** by Ms. Lewis, Acting Director of Community Services. MOTION to approve March 21, 2023 minutes by Stacey Wing with second by Colleen Banik, all in favor, none opposed, carries.

II **PRESENTATION**-Ms. Lewis noted today is an impromptu meeting to discuss the potential service gaps to be covered by the Opioid Settlement Funds. Ms. Banik noted she had in the past submitted proposals and was told they were not enough, but no suggestions were given by the Legislature. Ms. Lewis noted that some are in favor, some uncertain with prevention services and how the funds can be best utilized, internal. The Opioid Subcommittee has been very involved. Ms. Smith felt they (Legislature) don't know what the needs and gaps are, need to provide the information for them. Ms. Banik noted there are a lot of Prevention Services provided, but weren't necessarily recommended to be provided. Much of what the Prevention Coalition program does is Evidence Based programming. Ms. Lewis noted at yesterday's CSB meeting areas in need discussed were prevention, education and outreach gaps. Of the 4000 RODS done at SCCMHC, 48 were positive, 2/3 of those are mandated for services, which means about 12-15 people enroll otherwise. Ms. Jessup noted those numbers were through Mental Health, SCASAS numbers weren't as high as before. Lack of education, police, EMT, hospital, ambulance, community outreach is there. Need to have a community center in the Bath area for youth to attend. Discussion had on upcoming location through ProAction per Ms. Wing and Ms. Lewis, in conjunction with the Episcopal Church on Liberty St. Ms. Lewis asked what the staffing will be, what will be offered, what the connections will be. Ms. Wing noted that is being worked on. Ms. Terry noted the need for public education and PR for existing programs, harm reduction, education for professionals and the community. Ms. Wing noted that school gets a lot of services for ages up to 17, however the age 18-25 range is not getting those services and the parents don't attend the programs. Ms. Banik noted that community engagement is very low participation; need something to draw in attendance, "a community buy-in." Ms. Jessup brought up the Coti Van which would be good for community outreach and engagement. Ms. Banik noted her Federal Grant is expiring and there are the age restrictions from ages 12-18 for that use. Ms. Terry noted transportation continues to be a big need. Ms. Lewis noted transportation is a universal barrier. The total grant is believed to be \$525,000. She asked how much it would take to get the Coti van back in service. Ms. Wing noted it isn't currently funded so she didn't have figures available. Discussion had among Ms. Crandle and Ms. Gee of Family Services of the fact the grant can be used for the younger youth, and Ms. Lewis agreed there is a

treatment and recovery gap for those ages. Ms. Wing noted there are services in place for the youth but Ms. Jessup noted you can't get them to engage and they don't attend the services, trying to get them more involved. Ms. Zentz and Ms. Jimenez noted CASA Trinity has applied to add additional client hours for those not ready to engage in full treatment, could do outreach/motivation for treatment regarding MAT program. They have same day connect with providers for MAT and peer support & counseling. Dr. Cole noted he feels the biggest gap in this area pertains to the easy availability of Fentanyl, that the Federal Government is not stopping the influx from Mexico or China into the US, not difficult to get drugs. He noted the County Legislature could go all the way to the Federal level with phone calls and letters to help slow down the availability of drugs. Dr. Cole cited an article published from the New England Journal of Medicine from the 1980s where it was of the opinion that if a person takes opioids for pain relief it does not promote addiction. Since then articles justifying use of opioids have been published so the drug companies began manufacturing synthetic drugs which are stronger. Those addicted to opiates and synthetic opiates are young to middle age adults with chronic pain, addicted to opioids younger, experimenting with everything. Deaths show multi drug mixture in toxicology, taking whatever is available. Ms. Banik asked if there were any unrestricted funds available. Ms. Lewis didn't think so. Ms. Wing said it is a vicious circle, tied together. Parents and young adults need education and resources also. They can refuse opioid prescriptions from the emergency room or their physician. Ms. Wing noted the OWLS-OASAS program needs additional staff to do it and they are lacking funds. Ms. Zentz noted for age range 18-25 in Livingston County they have the AIR program. Ms. Jimenez noted that 2 programs combined the Adult and Youth to include family, recovery and prevention staff starting to integrate into Steuben County. They are currently in Hornell. AIR is a recovery program for youth, definitely a demand, but limited staff and space. Ms. Lewis noted that Prevention and Education are parts of what is needed, some in recovery and treatment, proposals for RFPs that address those areas. Ms. Terry noted to reach the largest amount of people media and commercials would be the best avenue. Dr. Cole noted the Association of Coroners donated funds for public service announcement, citing one based on parents not being aware their son was addicted and they found him dead. It was broadcast for a while, should still be available. Target parents of teens and young adults. Discussion had on year to date totals of overdoses and age groups. Reviewed handout from Ms. Smith, PHN showing April 2023 statistics.

Age 0-9	0	age 50-59	6	Reported # of overdoses	115
Age 10-19	6	age 60-69	10	Number of opioid fatalities	5
Age 20-29	27	age 70-79	2	Number of times Narcan was	
Age 30-39	25	age 80-89	1	administered	30
Age 40-49	12	age 90-99	0		

Ms. Jessup also noted babies dying due to parent use, neglect etc.

Ms. Banik noted the Legislature needs education on what members of this committee do regarding prevention services. Ms. Banik cited the normalization of drug use. Ms. Wing gave overview of additional areas covered by the Prevention Coalition such as school based education, evidence based curriculum from kindergarten up, teaching safety, problem solving, communication, skill development and enhancement directly in the classrooms. Later in health classes, including prom and graduation safety, social host laws, etc. Ms. Lewis asked if these services are in all schools and Ms. Wing noted not in all, only by invitation. Ms. Smith asked of the 13 school districts how many are involved. Ms. Wing noted most of them, maybe 3-4 aren't involved. Ms. Terry noted the health curriculum in NYS is very good, cover prevention education and many topics are included. Dr. Cole felt the Legislatures for those 3-4 districts not involved in the prevention services should be advised and Ms. Wing noted she would check on that. Ms. Banik and Ms. Smith felt that was a good idea, to let them know so they can advocate for us. Dr. Cole cited another article about prisons in the north east area where sheriff departments are involved in recovery programs in the county jails, proactive with treatment showing good results, 50-60% reduction in recidivism rate. Ms. Jessup noted another gap is housing, and Ms. Terry added supportive living places. Dr. Cole noted need for personnel to work with employment opportunities, churches, adult education, all of those would impact the death rate reduction the most. Ms. Wing noted supportive living programs and education of local landlords. Dr. Cole asked if any advertising is done on social

media. Ms. Lewis noted there is but could do more of it. Dr. Cole asked if there are time limits on the funds and Ms. Lewis noted she thinks they need to be allocated by the end of the year, but not sure if funds roll over, but should advise the Legislature of those facts as well. Suggestion made by Dr. Cole to appeal to Public Service Clubs, Church organizations and such to elicit their support. Recommendations will be shared with the Legislature for their June 7th meeting.

III NEXT MEETING June 20, 2023

IV ADJOURN-Motion by Ms. Terry with second by Dr. Cole to adjourn meeting, all in favor. Meeting adjourned at 2:06 p.m. by Ms. Lewis.

Respectfully submitted by,

Dawn Champaign
Senior Stenographer
Dept. of Community Services